



It's  
back-to-school  
time!



I hope you had a  
great summer.  
It's fun to catch up  
with your friends again!



You might discover, however, that one of your  
friends feels "dragged down" because of a pet  
or relative, who died over the summer.



If so, start your school  
year by practicing  
**Compassion.**  
Your friend will really  
appreciate it.

