

Hi! Here's another  
MAGICAL MESSAGE  
for YOU to say ALOUD  
anytime you're feeling grief.



Remember- you may have to  
say this over and over a few times  
until you begin to feel the POWER  
of what you ar saying!

The POWER of my heart is strong  
It gently guides me all day long.  
If I feel sad throughout the day  
This Love reminds me: I'm still okay!

Even though my life has changed  
With \_\_\_\_\_ who's gone away,  
There is one thing that's always here-  
It's Love inside my heart to share!

I AM A POWERFUL KID!

